



The Advocate

WINTER/SPRING 2017

Official Newsletter of the St. Petersburg High School International Baccalaureate Program

Scrapbooking SPHS' 30-Year IB History

From the Desk of Susan Farias

This is a real dream come true! When I took this position 10 years ago, there sat a box in the IB Office filled with all sorts of “artifacts.” These included newspaper clippings, photos, programs, etc. Essentially, it was the history of the IB Program at St. Pete High. As the years passed, I too would add items to the box with the goal of someday having time to organize and categorize the items. Unfortunately, that is a project I never got around to doing.



Susan Farias
Assistant Principal
and IB Coordinator

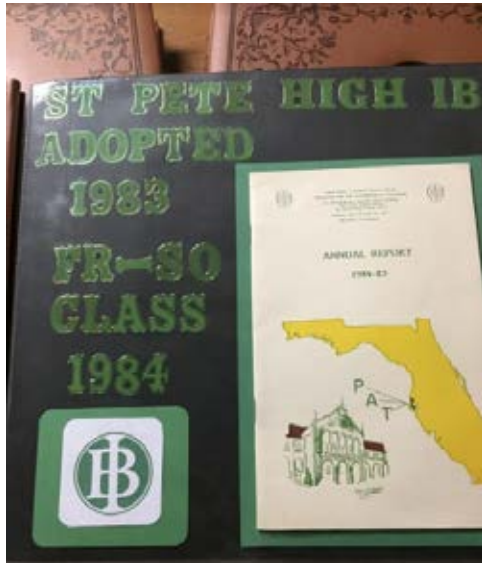
Enter IB parent **Kathy Hessinger**. She heard me mention this and came and got the overflowing box. Several months later Mrs. Hessinger presented me with three beautifully-organized scrapbooks that tell the history of the St. Pete High IB Program, beginning with the first authorization document signed on January 14, 1983. These scrapbooks are a real treasure, and I am very grateful to Mrs. Hessinger for her time and her donation to IB.

Next time you are in the IB Office we would love to share them with you.

On other topics, I had the opportunity to hear a two-hour lecture by **Alan November** in February. If you are not familiar with him, you can follow him on Twitter or watch his videos available on You Tube and TED Talks. He is recognized internationally as a leader in education technology and an inspiring and humorous speaker. I’m hoping to incorporate some of his ideas into the IB Program in the coming years. Check him out and let me know what you think.

Speaking of technology... the misuse of phones in school is alarming. Unfortunately, phones are being used for bullying, cheating, snap-chatting and text messaging during class and are generally disruptive to learning. Please avoid texting your son or daughter during classroom time. Phones should be turned off and stowed in backpacks during classes. We all really appreciate your help with this.

As I write this, Spring Break is just one week away! My husband, granddaughter, and I are heading to Philadelphia to visit my brother. I’m looking forward to some family time and a side trip to Gettysburg. I hope you all are able to enjoy your time away from school and with your families.



IB Senior Celebration will be Monday, May 22!

SENIORS and parents, save the date for the IB SENIOR CELEBRATION on Monday, May 22 at 6:00 p.m. at the Coliseum. This special evening is dedicated to the graduating IB SENIORS and their families and guests. The event includes dinner, recognition of each student, entertainment from talented IB Seniors, IB Senior awards, video reflecting the 2017 IB Seniors’ high school years,

photo booths and more. This year also commemorates the 30th Anniversary of the first IB graduating class from St. Pete High School.

The celebration is open to family and friends for \$27.00 per person with no charge for the IB Seniors. Learn more from the IB Senior Celebration Facebook page at SPHSIBSeniorCelebration2017 or contact Kathy Hessinger at Kathy.hessinger@yahoo.com.

Send Us Your News!

Please send news and photos that you would like to include in The IB Advocate to sphsibadvocate@gmail.com.

Valedictorians & Salutatorians Announced

This year, IB students **Romina Lilollari** and **Jay Shah** are co-valedictorians for the IB program. They will represent the IB class during the graduation ceremony as they share their thoughts. Salutatorian, **Tricia Monte**, will also be speaking at the graduation. **Job very well done!!**



IB Booster Board - Annual General Meeting/Elections

WHEN: Tuesday, May 9th, 6:30pm – 8pm
WHERE: SPHS Cafeteria
WHO: ALL IB Parents

The IB Booster Board, the parent volunteer organization that supports our IB Program, needs you!

Come out and run or vote for the 2017-2018 IB Booster Executive Board. All IB Booster members can run and vote for office, and you can sign up/renew your membership at the meeting if needed. Elected Officers must commit to one year of service starting July 1st.

We are actively seeking to fill the positions of President, Treasurer, and Secretary for next year. Below are the responsibilities of these Offices:

President

The President will preside over the IB Booster Board meetings, general membership meetings, and call for an annual audit of the organization's financial records at the end of the school year. It will be the role of the President to ensure that all meetings have a prepared agenda and all issues on the agenda are addressed before non-agenda items are met. The President will keep order and/or focus to meetings as necessary. The President shall assist the Treasurer in executing expense decisions by the IB Booster Board and has signature authority on the IB Booster bank account. At the end of term of office, the President will pass down all Booster Organization property and records to the incoming President.

Treasurer

The Treasurer will be responsible for creating and maintaining an auditable set of financial records for the IB Booster organization. The role of the Treasurer is to provide monthly financial reports to IB Booster Board meetings, maintain accurate financial bank account records, and have signature authority on the IB Booster bank account for the IB Boosters, along with the President and Vice President. In the Fall, the Treasurer (or his/her designee) will

attend the annual insurance workshop, file the annual insurance with the President and submit the annual Florida Corporate report. At the end of the school year, the Treasurer will be sure the financial records undergo an annual audit of the bank account, as directed by the President, and provide annual reports to the Executive Board, IB Coordinator and Principal of SPHS. At the end of term of office, the Treasurer will pass down all IB Booster property and records to the incoming Treasurer.

Secretary

Keeps accurate records and minutes of all meetings of the IB Booster Board and general membership; prepares minutes of the meeting which are available to all members; and conducts any correspondence or official business of the Booster Organization.

If you are interested in running for one of these positions, please contact Jackie Donovan at Jackie.donovan@walgreens.com before April 15th to inquire and discuss the details. You must be an IB Booster member to run for Office.

By getting involved, you have an opportunity to connect with other IB parents, IB teachers and administrators, and create your own memories of your student's high school years. Volunteering keeps you connected, so please join us!

SAT and ACT Group Classes Offered

The Princeton Review will be offering a group class leading up to either the SAT or ACT exams in June. The course features 25 hours of instruction, and the dates run on the weekends during April and May. The Princeton Review has an arrangement with Shorecrest Preparatory School in St. Petersburg where the class is held and has opened up the class to the community. If you would like further information, please call: Barbara DiAlberto at (800) 273-8439 X5611 or email Barbara.DiAlberto@Review.com.

Please send us your news or place an ad by emailing sphsibadvocate@gmail.com. The Advocate is created by volunteers, published by the IB Boosters, and mailed three times per year (Fall, Spring, and Summer) to approximately 500 families of current IB students. We welcome hearing from you! --The Editors

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IB Coordinator

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AWARDS ABOUNDING

Award-Winning Art “On My Block”

Congratulations to IB Student **Ruth Iglehart**, who was awarded the Pinellas Art Education Association Young Artist Award for her artwork in the Word and Image High School Exhibition at the Morean Arts Center. Students combined art and written narrative to illustrate this year’s theme “On My Block.”

Ruth was one of 5 SPHS students from Brienne Gates’ art classes whose artwork was selected for display at the show through early December. These 5 were among the 74 that were chosen from 217 entries representing 18 high schools. Traditional SPHS junior Jordan Romick won an Honorable Mention for her work.

For the color version of Ruth’s image, please access this newsletter online from the IB website. Her narrative is printed here:



AS FRAGILE AS PAPER

Being born into a multiracial family has introduced me to traveling as early as the humble age of one. Since then, it has become a part of my identity. Although I was born in Michigan, half of my life has revolved around me immersing myself in different cultures as well as finding a home that would accompany me throughout my life. Due to the seven years I’ve spent studying abroad in the Philippines, I do not have a definite home. My parents and I have lived in too many buildings these past two years to the point where they all seem to morph together into one blurry blob. The only trait I found in every house, no matter its size, is how I looked for that one thing that reminded me of my house in the Philippines. Alas, I never did find it.

At that point, I began to wonder if my home was a house. The idea of traveling was a suitable guess which then led to the decision of surrounding my piece with paper airplanes. The colors represented on the airplanes can be found on both the American flag and the Philippine flag; they can be differentiated based on whether or not they contain the color yellow. Taking into account the fragility of paper, I deemed it a more appropriate material compared to the typical airplane’s complexity. Since I wanted this piece to reflect my home, I didn’t want machinery of any sort to be a part of it. From that, I realized that the one thing I spent years searching for wasn’t an object, but a memory. A memory that included the relationships I had with my family abroad.

Having realized that, I decided that a tree would be an essential part of my piece. Not only would it symbolize how grounded I was despite all the places I’ve been to, but it would also represent the source of all the paper airplanes and how all my travels derived from me. Although it was originally a wire figurine, I bought the tree from an antique shop in Wisconsin. Out of all the four trees available for purchase, this one instantly stood out because of how it resembled the massive tree I grew up with on what little patch of grass I had in the Philippines. Although I’ve lived in various houses on diverse soils, I’ve somehow managed to remain true to myself throughout the process. I apologize if I don’t have a “block” to commemorate, but one must understand that my home is not limited to a block’s radius of my current house. It encompasses vast oceans, reaching a country that isn’t as important to anyone else as it is to me.

AWARDS ABOUNDING CONTINUED...

Ethics Bowl Team Advances to Nationals

Congratulations to the SPHS Ethics Bowl Junior Team who faced Southwest Collegiate in a Virtual Ethics Bowl Competition.

After a long debate, the team rose to the challenge, winning the opportunity to compete at Nationals at the University of North Carolina at Chapel Hill with 24 other high schools.

Please congratulate the SPHS team: IB senior **Romina Lilollari**, IB junior **Dea Jahovaj**, Traditional junior **Manolo Plazas**, and IB freshmen **Camille Luong** and **Arielle Noah**.

National Merit Finalists Announced

IB Seniors, **Naomi Miller**, **Bryan Peebles**, and **Jay Shah** have been named Finalists in the National Merit Scholarship Program. There are approximately 15,000 Finalists nationwide. The winners of the Merit Scholarship awards are chosen after an evaluation of each candidate's academic record, information about the school's curricula and grading system, two sets of test scores, the high school official's written recommendation, information about the student's activities and leadership, and the Finalist's essay. These three students hope to be one of 7,400 Finalists who are announced starting in March and continuing to mid-June. Finalists may receive monetary scholarship awards.

Pinellas County History Fair 2017

Based on the annual National History Day theme, students across the nation research a topic relating to local, national, or world history. The 2016–17 theme is "Taking a Stand in History." After analyzing and interpreting information, students express their findings in a paper, exhibit, performance, documentary, or website. Students' entries are judged at school, county, state, and national levels. Twenty-eight SPHS students competed at the Pinellas County History Fair on February 24 and 25, 2017. Congratulations to the following students who placed at the county level and received special recognition. Each first and second-place winner will advance to the state contest in Tallahassee, Florida in May. Notably, SPHS will compete in each category in which it participated at the county level. Also, SPHS is advancing more students to the state contest than any other competing high school in Pinellas County. Well done and good luck to the 15 students advancing to the state contest!



Ellie Anderson • 1st Place
Individual Documentary- Jane Goodall

Angeline Friel • 3rd Place
Individual Documentary- Julie Foudy

Emma Conover • 2nd Place
Individual Exhibit –John Muir

Camille Luong • 1st Place
Individual Paper - Ho Chi Minh's Unprecedented Stand Against Colonialism
Special Award-Safety Harbor Historical Museum Award

Maddie Ferguson • 3rd Place
Individual Paper- Thomas More

Sophia Vesely • 1st Place
Individual Website- Robert Smalls

Steven Wang • 3rd Place
Individual Website- John Brown

Catherine Lee, Beverly Maddux, and Nicole Leary • 2nd Place
Group Documentary- Thomas Nast

Amy Mui, Amy Pham, and Alexa Sweigart • 2nd Place
Group Exhibit- Harriet Tubman

Caitlyn Rineer, Dominika Dzurny, Jadyn Gonzales, and Kelly Harris
Best in School
Group Performance- Jim Jones

Nicolas Hernandez, Charles Sabodski, and Seth Yeager • 2nd Place
Group Website- Chiune Sugihara
Special Award- Emeric Lazar Award for Holocaust Research

Volunteers graciously judged the projects at our school level in the following categories, and Mr. Rader would like to thank them:

Group Documentary: Ann Vickstrom, Lynn Flagler, Danielle Haggar, Betsy Schwebel, Paula Bishop, and Fran Mikuta

Individual Documentary: Ken Wolfe, Julia Lewis

Performances: Curt Miller

Exhibits: Paul Kowalski, Judy Hoffman, Beth Myers

Group Websites: Diane Friel, Andrea Kowalski, Kathy Evans

Individual Websites: Carol Mathis

Papers: Joe O'Connor, Bob Musselman, Gregory Cassat

January Students of the Month

Congratulations to IB Sophomore **Kara Robinson**, one of two students who were nominated by teachers and selected for this school-wide award. Not only does Kara excel in the classroom, but she also runs varsity track and cross country.

School Calendar (dates/times are subject to change)

March 29th
Mandatory Meeting for IB Seniors and Parents 6pm-Cafeteria

March 30-31
Spring Musical 7pm

March 31st
Report cards distributed

April 1st
Spring Musical 2pm

April 7th
IB Sophomores College trip to USF St. Pete

April 7th
**Grad Bash for seniors
Universal Studios/Islands of Adventure**

April 11-12th
***Passover** (Observance begins at sunset April 10th)

April 13th
Awards Assembly for Academic Bars & Letters 9:45am-Auditorium

April 14th
***Eastern Orthodox Holy Friday**
School Closed
***Good Friday**

April 17-18th
***Seventh & Eighth Day of Passover**

April 19th
**Cap and Gown distribution
9am in gym lobby**

April 21st
Mid-term reports sent if necessary

April 26th
**Move-Up Ceremony-auditorium
Senior Dinner in the gym-6-8pm.
For all senior students only.**

April 27th
Last day for IB seniors

April 28th
College Decision Day-SPHS

April 28th
Junior/Senior Prom – The Coliseum

May 1st
National College Decision Day

May 7th
**Commemorative Sunday for all seniors-
First United Methodist Church-3pm**

May 1-19th
**IB testing session-off campus sites
Pinellas Technical College**

May 2-12th
Advanced Placement exam session

May 11th
**Mandatory Senior class meeting in
auditorium, time TBA**

May 12th
Awards Assembly –6:30pm-auditorium

May 16th
Graduation – Tropicana Field – 7pm

May 19-24th
Final exams session-end of fourth quarter

May 22nd
IB Senior Celebration banquet - Coliseum

May 25th
Last day for all students

June 2nd
Report cards available for pick-up

**Special Observance Day- The parent or guardian of a student who is to be absent on a designated Special Observance Day shall provide to the school, at least 3 days prior to the absence, a signed notice of the student's intent to be absent. The notice shall contain the name and address of the student to be absent and the date and/or time of the absence.*



FACULTY NEWS

Teachers Make an “Impact”

Congratulations to our teachers **Sarah Van Duyne** and **Elizabeth Scussel**! They are recipients of this year’s High Impact Teacher awards, bestowed by the State of Florida Department of Education. A recent analysis of student performance on statewide standardized assessments found that both teachers had an impact on student learning that is among the most positive in the entire state. They will receive a letter and certificate recognizing this accomplishment. We are grateful that they are our IB Faculty members!

IB: The Gift That Keeps On Giving!

Congratulations to **Karen Vann** who was selected for the University of Chicago’s Outstanding Educator Award! This distinguished award has existed for more than three decades. Ms. Vann was nominated by Sam Joyce, a graduate of SPHS IB and a freshman at the university. Ms. Vann was nominated because she influenced, challenged, and inspired Sam! This is a great honor from a prestigious university.

STUDENT NEWS BRIEFS

Aidan Griffin ('17) volunteered at the front desk the past two and half years at Johns Hopkins All Children's Hospital. While there he noticed many families had to wait on translators to see loved ones. So for his senior CAS Project he worked side by side with All Children's staff to locate an app that could be applied to iPads to be kept at front desks to translate questions on the spot. Through lots of garage sales and gofundme .com donations, Aidan has raised \$2200 to purchase the program and iPads for Johns Hopkins All Children's two main front desks. Way to go!



IB Junior, **Zack Morrison**, competed in his first half-marathon on January 15th. He placed 2nd in his age group (16-20) with a time of 1 hour and 51 minutes at the St. Pete Beach Classic. Way to go Zack!



IB 9th grader **Meira Kowalski** and Joseph Deng spoke at the St. Petersburg Civitan's luncheon about Meira's Medicine Drive project for Joseph's charity. They were given a \$100 donation by the organization. Meira writes, "Last year, in eighth grade at

Shorecrest Preparatory School, I created a documentary about the Lost Boys of Sudan for an NHD project. Through this documentary, I interviewed Joseph Deng, a Lost Boy of Sudan who currently works as a nurse in New Port Richey. Joseph had created his own organization, called Southern Sudan Life Saving Medical Mission, that brings medicine to South Sudan annually to help those in need. After hearing this, I held a medicine drive at my school and raised around 150 pounds of medicine and \$3,000 for Joseph to take over to South Sudan. I, along with my friend Jacqui Foronda, am holding this medicine drive again this year and am looking for any unused, unexpired over the counter medicine for him to take to South Sudan. I also have a GoFundMe page set up this year which includes much more information about this project. The link for that is <https://www.gofundme.com/donations-for-south-sudan-2017>. If you would like to contribute by giving medicine, please contact me at meirakowalski@gmail.com or my phone number is 727-422-7439. Thank you very much for your support!

The SPHS **Devillettes** performed in a dance competition February 18 at Oviedo High School. Congratulations to the Devilettes for a fantastic job at their dance competition. The girls took 2nd place in Hip Hop, Jazz and Open Dance Categories. They also received a special award for Showmanship. Congratulations to the Devilettes for the wonderful job they did representing our school.



IB Freshman, **Simon Mesen** (pictured here with his Mom) has been scouting since the third grade and just earned his Eagle Scout ranking. To become an Eagle Scout, Simon had to achieve the rank of Life Scout, the second highest rank a scout can achieve. Simon went through a rigorous process

that took years to achieve this status. He had to complete a project and with his fellow scouts, commandeering a day of building at Boyd Hill to build a woodshed. Simon states, "Scouting has taught me many things, and I would say the biggest skill that scouting has taught me that carried over into IB Studies would be being

STUDENT NEWS BRIEFS CONTINUED...

determined and focused on the task at hand. In scouting and in school it is vital to be focused and determined to get the job and/or work done.” Nice job Simon!

IB Junior **Brianna Melton** has been dancing for most of her life. This season was her 11th performance in The Nutcracker performed by the St. Petersburg Ballet Company. This year, she played a Sugar Plum Fairy. Brianna has spent summers training with ballet companies, including in San Francisco and Salt Lake City. In college, she hopes to double major in dance and literature. She was featured in the Tampa Bay Times Weekend Section over the winter break. Congratulations Brianna!



The **Emily Lester Memorial Talent Show** is an annual fundraiser for the American Cancer



Society. Emily was an IB student who had been accepted to Duke University. She died in the summer of 2006 after her senior year of acute monocytic leukemia.

Many students performed on this night in the theatre at school. Kudos to the winners of the talent show, including IB classmates in bold-type below:

1st place - “The Strings”, performing Jigtastic

(All IB Students, in photo l to r): Joey Zawacki (10th), Shannon Menke (9th), Mena Kazerounian, (9th), Stephanie Ramos (9th) & Arielle Noah (9th)

2nd place - “Rush Hour 5”, a Hip Hop Dance

Anthony Tonchat (11th), Khasilan Riley (11th), Tommy Williams (11th), Chris Nguyen (11th), & Zach Mendiola (10th)

3rd place - Skylaa Richardson (10th) singing Rockabye



IB Sophomore **Jadyn Gonzales** wrote an excellent article on the history and traditions of St. Pete High School. Read the full article at <https://greenbenchmonthly.com/issue-02-17/st-pete-high-school-the-early-years-and-lasting-traditions/>.

STUDENT NEWS

GROUP 4 at Boyd Hill

On Friday, November 18, 2016, the IB junior class piled into three buses and headed for Boyd Hill Nature Preserve in St. Petersburg to complete the research portion of their Group 4 Project.

The Group 4 (or Experimental Sciences) subjects of the International Baccalaureate Diploma Program comprise the main scientific emphasis of the Program. The Group 4 subjects offered at St. Pete High are Biology, Chemistry & Physics.

The Group 4 project is an interdisciplinary activity which is a required component for all IB science students. The intention is that students from the three different science subjects analyze a common topic or problem. It is a collaborative experience with an emphasis on the process rather than the products of the activity.

This activity allows students to work together sharing concepts and perceptions across the three disciplines in order to “develop an understanding of the relationships between scientific disciplines and their influence on other areas of knowledge.” Students are allocated 10 hours which are divided into three stages: planning, action and evaluation. The Boyd Hill trip was the “action” portion of this project.

The focus of investigations was varied, with research being conducted on plants found in the park, both native species as well as invasives, on nutrients found in the bodies of water or in the soil, and even on the physics of some of the playground equipment. Over the next few weeks, groups will analyze their findings and put together poster presentation boards to summarize their studies.

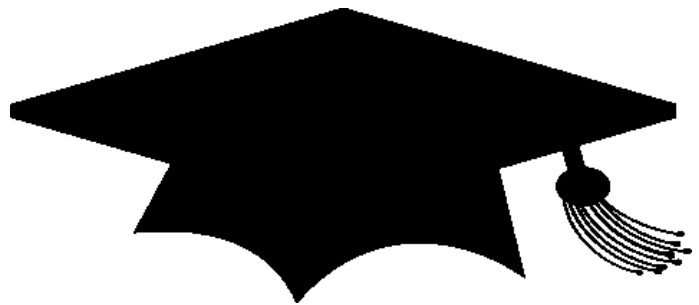


Important Senior Class Dates:

PLEASE REFER TO THE CALENDAR IN THIS ISSUE FOR EVERYTHING YOU NEED TO KNOW

Calling All Seniors!

The last day for IB seniors to be on campus is Thursday April 27th. It is important that they clean out their lockers by this date and remove the lock and contents. The contents of lockers that are not cleaned out will be disposed of after this date. BUT... They can keep their locks!!!



Is There a Proctor in the House?

Before our seniors can celebrate, they must take their IB exams. They are scheduled this year from May 1st through May 19th. We need parent volunteers to proctor these exams. If you are interested in volunteering, please contact Ms. Farias in the IB Office for further information.

ATHLETICS

Cheer On

Please congratulate these senior Cheerleaders who were selected to represent SPHS and cheer on the football players at the All Star Game this past December: **Kylie Begin (IB), Emily Goodis (IB)**, and Cassidy Snyder. This was the 20th year that this event took place. Additionally, the squad cheered at the East West Shrine game at the Tropicana Field in January. IB Seniors are: **Kylie Begin, Emily Goodis, Rachel Harvard, and Caroline Stiles**. We would also like to recognize the underclass cheerleaders this year who are in IB: **Allison Rothman, Kirby Hall, Maya Thompson, Delaney Toon, and Sarah Rieth**.



Hot Shot Golfer

Meredith Kiernan (IB Sophomore) was nominated for the Tampa Bay Times Home Team Hot Shot of the week. The sophomore shot 74, six strokes lower than her previous career best, to win individual honors at the Class 3A, District 12 tournament and to lead the Green Devils to the team title. A BIG congratulations to Meredith!



College Bound Athlete

SPHS varsity soccer player and IB student, **Josie Barnhart**, signed with Westminster College in Pennsylvania.



Swim Team Sets School Record

Shay Cassady (11th), **Madison Pyhel (IB-10th)**, **Kelly Harris (IB-11th)**, and Peyton Palsha (12th) competed in the Florida High School Athletic Association Swimming and Diving State Championship Meet held in Stuart, Florida, this past November. The girls established a new SPHS record in the 200 Free Relay with a time of 1:40.30, beating the old record of 1:40.88 from 1997!

Their 200 Medley Relay time of 1:50.63 was 1.03 seconds shy of breaking the old record of 1:49.82 in 2008. Congratulations Girls!



Softball News

SPHS softball team currently has four girls that are in the IB program with senior **Bianca Palese** as captain and starting pitcher. Bianca has grown to be a leader over her time here at SPHS both on and off the field.

Bianca first played t-ball at age 5 at Northwest Park. She played baseball until she was 8 and then started with a softball program. Her early claim to fame is getting Alsott's son out at third base on a force play. The softball world is a small space, and many of her current and former Green Devil teammates were also teammates and rivals in rec ball and travel ball. Bianca always wanted to be a pitcher and has spent many hours practicing at night and on weekends. She has had a few no hitters and shut outs along the way.

Being an IB student and aspiring athlete is a special challenge. Both require extra dedication and time. To succeed at both, a student has to be willing to give up social and leisure aspects of life for homework, study and practice of your sport. Bianca has offers to play softball for a few colleges and will soon decide. Bianca plans on majoring in International Studies with the goal of becoming a foreign service officer.



Tennis Team News

We are looking forward to upcoming news about our tennis team. This year's team of 13 competitors claims 7 as SPHS IB students. We wish them a successful season and hope to have a report of the outcome in our next issue. IB players are: **Devan Upadhyay, Thomas Nelson, Tyler Crane, Rena Upadhyay, Amina Dzebo and Rachel Harvard**.

A Soccer Story

by Coach Rui Farias

Teams that start five freshmen and two sophomores aren't supposed to be this good.

But a perfect mixture of key veterans and talented freshmen led the St. Petersburg High Girls Varsity soccer team to the FHSAA Final Four, winning district and regional championships for the first time in 10 years.

"This was an amazing team," said Green Devils head coach Rui Farias. "Balancing the rigors of school and sports, they truly became a team. In a very short period of time, these girls, most of them new to St. Pete High, came together and played like a family."

IB sophomore goalkeeper **Angeline Friel** stopped eight penalty kicks against Seminole in a district semifinal overtime thriller. IB junior **Isabel Garcia** scored the game-winner against Countryside to win the Class 4A, District 10 championship.

IB freshmen shone in the Regional tournament with **Alexa Goldberg** scoring the game winner against Bloomingdale in the semi-finals and team leading scorer **Alexis Hiltunen** sending the Green Devils to the state finals with a winning goal over Estero in the Regional Championship.

Senior captains **Hannah Deson**, **Josie Barnhart** and **Alex Calhoun**, along with junior midfielder **Francesca Ycaza** provided the experience to balance the Green Devil youth. IB also provided coaching help – assistant coach Cory Woodworth is a former team captain and a 2006 IB grad.

The Green Devils (17-3) magical season came to an end at St. Thomas Aquinas, but accomplished something no other St. Pete High Soccer team had in 10 years. And with the youthful talent returning, there should be more to come! Team roster with a noted 17 out of 22 girls in IB (in bold): **Angeline Friel**, **Alexis Hiltunen**, **Lila Dudley**, **Lindsey Winzeler**, **Alexa Goldberg**, **Mirista Galanos**, **Caroline DeWitt**, **Olivia Buffard**, **Paris Graham**, **Francesca Ycaza**, **Isabel Garcia**, **Hannah Deson**, **Remington Fritz**, **Holly Beaver**, **Killian Kingsley**, **Thuraya Youkhong**, **Maya Prater**, **Alex Calhoun**, **Sophia Vesely**, **Emma Haraminac**, **Josie Barnhart**, and **Mia Bjarkman**.



Angeline Friel: Player of the Week-Bay News Nine



Angeline Friel (IB Sophomore) was selected as the Tampa Bay Athlete of the Week (1/24/2017). She made eight penalty kick saves in the 4A-10 District semifinals sending the Lady Green Devils soccer team to the finals where they beat Countryside 1-0. Here is a link to the article: http://www.baynews9.com/content/news/baynews9/sports/article.html/content/news/articles/bhsn/2017/1/25/tampa_bay_athlete_of.html

"She's a great leader," said Coach Rui Farias. "She's only in 10th grade, and she sits back there, and she's non-stop talking to the team. As a player, when you have a goalkeeper behind you that has that kind of confidence, it means everything in the world."

Friel focused on club soccer with Tampa Bay United until this year. Her schedule finally allowed her to play prep soccer too, a decision she doesn't regret.

"Playing for school is completely different than playing for club because you have the pride of the school on your shoulders," said Friel.

ATHLETICS CONTINUED...

IB and Team Sports: Meant to Be

The IB student athlete is a natural blend of disciplines. These students are focused in the field as well as in the classroom. It is no easy feat, but more common than it seems. We have heard from more than one parent that want other parents to know that it is possible to remain a serious student while simultaneously honing a sport.

Brenden Burrows is graduating this year as the only IB senior to play football all four years. This is a major accomplishment as Brenden has shattered the misconception that IB students are limited to the classroom. We interviewed Brenden and here are his responses:

What has been your greatest “triumph story” in juggling two time-consuming activities (IB studies and football)?

Proving to myself I could accomplish both. It wasn't easy playing one of the most demanding sports at SPHS and doing IB, but I pushed myself everyday. It would have been easy to quit one or the other, and definitely would have made life easier, but I was determined to finish what I started.

What did you have to give up in order to play football? Anything?

I don't feel like I gave anything up... I chose to play football, but I did miss out on stuff like after school activities because I had practice until 6 or later every day and then go home and study. I didn't get to participate in some of the homecoming festivities like senior court this year because I had to be on the field.

What tips do you have for other students who are considering commitment to sports and school?

Make sure you are able to manage your time. You can play a sport and do IB, but you have to be organized. I always had to work at that. You also need to decide if it's right for you. Don't let others make that decision for you just to please them. If your head's not in the game mentally you won't do well. IB and sports are both a commitment and come with their own sacrifices. Sometimes I think I might have sacrificed my GPA a little by playing football, but now I know I'm better prepared for college because I can handle school and still do extra-curricular things. You just have to want to do it.

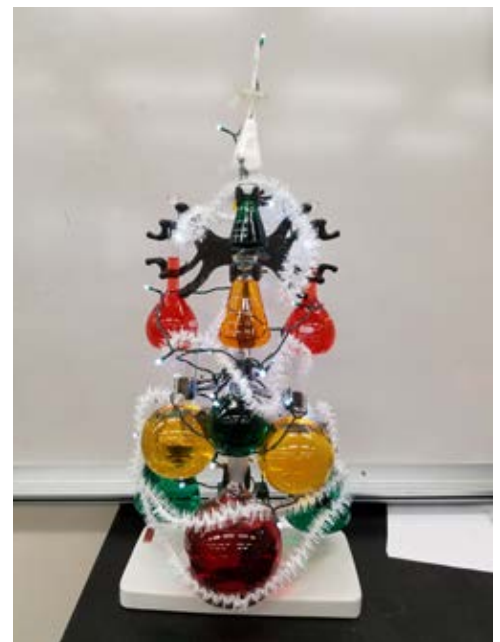
Anything else you'd like to include?? Maybe a shout out or two to a coach or teammate?

I want to thank all the coaches that supported me over the past four years. I especially want to thank Coach Rosendale because he taught me the advantages of “doing less,” which really meant to not overthink things. I also want to thank Mr. Halstead and Mr. Bryant for guiding me and providing me the honest feedback I needed sometimes.

Another example of this accomplishment is IB freshman **Killian Kingsley** who played varsity soccer this year. She and other teammates are part of the Florida State Olympus Development Team. Killian is one of many high level athletes who also maintain excellent honor roll grades. This year's soccer team excelled!



Ms. Domanski's “Chemis-Tree”



Why Giving Matters

By Jan Miller, Co-editor

I have been part of the SPHS IB family for the past six years. That is, six seasons of cross country and track, six years of involvement in the school, and six years of waking up at 6:15. My oldest daughter, Lina is in her second year of college and my youngest daughter, Naomi, is finishing her senior year. It is a bittersweet time as they will both be leaving the house. We had choices of where to send our kids to high school, but we have had no regrets that we chose SPHS IB. Our children have thrived with a quality education. They have experienced

competition on the athletic fields and collaboration in the classroom. This has been a fantastic educational environment and even though we won't have children going to school each morning locally, we wanted to contribute money to school so that it will continue to be a top choice for families.

In the last issue of the Advocate, we asked for contributions to a special fund for three Smart Boards for the classrooms that would help our teachers stay on the cutting edge of teaching trends. Since that time, we have raised a bit more than \$1400.00. Our goal was to pay for three Smart Boards at a total cost of \$5400.00. In total, four families stepped up to the plate. We can easily do better. These

boards are already in the classrooms and will need to be paid for. If you are a parent of a senior, consider giving as a special "thank you" gift to the school for a job well done. If your student has one year or many more years at SPHS, consider giving to allow your child the education they deserve. If every family with a child in IB at SPHS were to donate \$25.00, we meet and exceed our goal.

It's simple (**AND TAX DEDUCTIBLE!**) and ANY size donation will help us reach our goal. **MAKE CHECKS PAYABLE TO PINELLAS COUNTY SCHOOL BOARD AND SEND DIRECTLY TO THE IB OFFICE. THE CHECK SHOULD SPECIFY IT IS FOR SMART BOARDS FOR THE IB PROGRAM IN THE SUBJECT LINE.**

Alumni News

Karalee Corley ('16): Karalee writes to Ms. Jamison that she living in California and she has become interested in an organization Turning Green, that operates through partner campuses all over the nation, including high schools. They run many projects, challenges, and fundraisers relating to "green issues." The project that transforms school cafeterias reminded Karalee of the project Ms. Jamison exposed them to in her psychology class. She thought this could be a meaningful CAS project. She hopes that SPHS could be one of their partner schools! <http://turninggreen.org/>.

Karalee adds the following: "I wish I could relay all the ways your mindfulness, sleep, and clean/real food units have grown with me as I am starting my own adult life in college. The deep importance of the issues discussed in the Health Psychology unit have resonated with a lot of us since we moved on from your classroom. I'd even go so far to say that that unit has sparked a paradigm shift for many of us. The content of your units have (sic) become recurring topics that we touch on frequently in our friend group. We think back to your classroom often."

Kevin Solomon ('16): Kevin attends Duke University and was quoted in the Duke Chronicle publication. Kevin attended a lecture by Brenda Allen, a member of a task force that studied Brown University's connection to slavery and spoke about the committee's work. Allen's talk was part of the Duke Human Rights Center's "Dangerous Memories" series, in which speakers address the challenges of studying the sometimes sordid history of American universities. Kevin was quoted: "I thought hearing the perspective of another institution that we often try to compare ourselves with and moreover being able to use their



accomplishments and their progress to look back at our own selves and challenge our own institutional realities today is a really interesting thing to consider." To read the full article: <http://www.dukechronicle.com/article/2017/02/how-do-universities-address-the-legacy-of-slavery>



Megan Lee ('13): Megan's father writes that Megan has continued her studies at the University of South Florida Saint Petersburg campus and will receive her degree in elementary education in December. She will be receiving the King O'Neal Award for having a cumulative grade point average of 4.0. Mr. Lee states, "I had to send a thanks to you for all of your work to ensure your graduates are prepared for their higher learning challenges. Megan benefited

greatly from the entire IB staff. Never underestimate the impact YOU can make in the life of another person."

Edvinas Sipavicius ('14): Edvinas writes to Ms. Farias, "Personally, I'm having a great time finishing the first half of my junior year here at USF. I'm going to be taking my MCAT this upcoming summer and applying to medical schools the summer after. ...Being a little more than halfway through my degree, I'm incredibly thankful for going through the IB program. The rigorous material has prepared me so well for my undergraduate studies. I hope everything has been spectacular at SPHS. I'm sure it has been great with all of the wonderful faculty and staff."



PERFORMING ARTS NEWS

Band News

Under the direction of Mr. Cameron Vaadi, the Green Devil Marching Band finished a very active and successful season. After competitions ended in November, the band marched in the downtown Santa and Dr. Martin Luther King Day parades, and traveled to Atlanta to participate in Peach Bowl festivities.

All four band ensembles (Concert Band, Wind Symphony, Jazz Band, and Marching Band) provided a very entertaining Winter Concert in December. For a musical treat, attend the band program's Spring Concert on May 11.

The band's website, greendevilband.com, has more information about all of the band ensembles and links to performance videos. This is a great time to learn more and join the Marching Band including the Color Guard for summer camps and the upcoming fall season!

Individual SPHS musicians have earned many awards too. Competitive auditions were held for All County ensembles: Band, Orchestra, Chorus, and Jazz Band. The Jazz performance will be held in April, and the other Music Fests were held at the Mahaffey Theater and Ruth Eckerd Hall in January and February. Thirteen SPHS students earned the honor to perform, including 6 IB students: **Claire Shukys (Flute)**, **Julia Finster (Clarinet)**, **Sophia Hirst and Meara Corbett-O'Connor (French Horn)**, **Seth Yeager (Trombone)**, and **Shannon Menke (Percussion, Cello)**.

Rounding out the musical score, SPHS musicians have been busy with adjudicated Solo and Ensemble performances, pep band appearances, Spring Musical pit rehearsals, and rehearsing for upcoming Music Performance Assessments.



Theatre News

Goldfever, which sold out on January 6, is an annual school-wide lip synch and dance contest that raises needed funds for the theatre department. Thespians seniors come up with the theme and write the script for the show as well as run the rehearsals and tech. Begun originally by former drama SPHS teacher Murray Mintz, Goldfever is a 30-year tradition.

This year's theme was "Battle of the Sexes." Leo won Best Overall for the first time! Rojans took Best Service Club, and Women of Key was awarded the Critic's Choice. Leo also won the most votes for Fan Favorite. Men of Key and Interact also turned in very good performances.

Your **SPHS Thespians** did a great job at this year's District Thespians Festival! There was a smaller group this year, yet there still were 5 Superiors and 8 Excellents. See stpetehightheatre.com for full details of the special recognitions for many students. Highlighting the IB students, Junior **Natalie Cottrill** received a Superior for Solo Musical performance. She also is one of three preliminary finalists for the **Walker's Rising Stars** performing arts scholarship. Excellents went to IB sophomores **Dominika Dzurny** (Duet Acting), **David Eaton** (Pantomime, Duet Musical), and **Angela Lynch** (Dance).

The Theatre Department is excited to present the hilarious musical, **Once Upon A Mattress**, Thursday and Friday March 30th & 31st at 7pm and Saturday, April 1st at 2pm in the auditorium. Tickets are \$10 for students and \$12 for adults. Advance tickets are not necessary.



IB Students March in Santa Parade



CAS Project Showcase



Teacher Appreciation Week is May 1st-5th!

For more information on how you can help us to celebrate our amazing IB teachers and staff, please send an email to Cindee Connon at cconnon@tampabay.rr.com.

Chorus News

The Chorus and Pitchforks, under the direction of David Lawhead, recently attended the Pinellas County District MPA Choral festival. Each group received the highest possible rating of Superior from all 4 judges! The choirs are rated on a scale of Superior, Excellent, Good, Fair, and Poor. They are judged on their tone quality, technical preparation and overall musical effectiveness. Both choirs are now invited to perform at the state festival held in Lakeland this April. Both the Choir and Pitchforks are electives that involve both IB and traditional students.

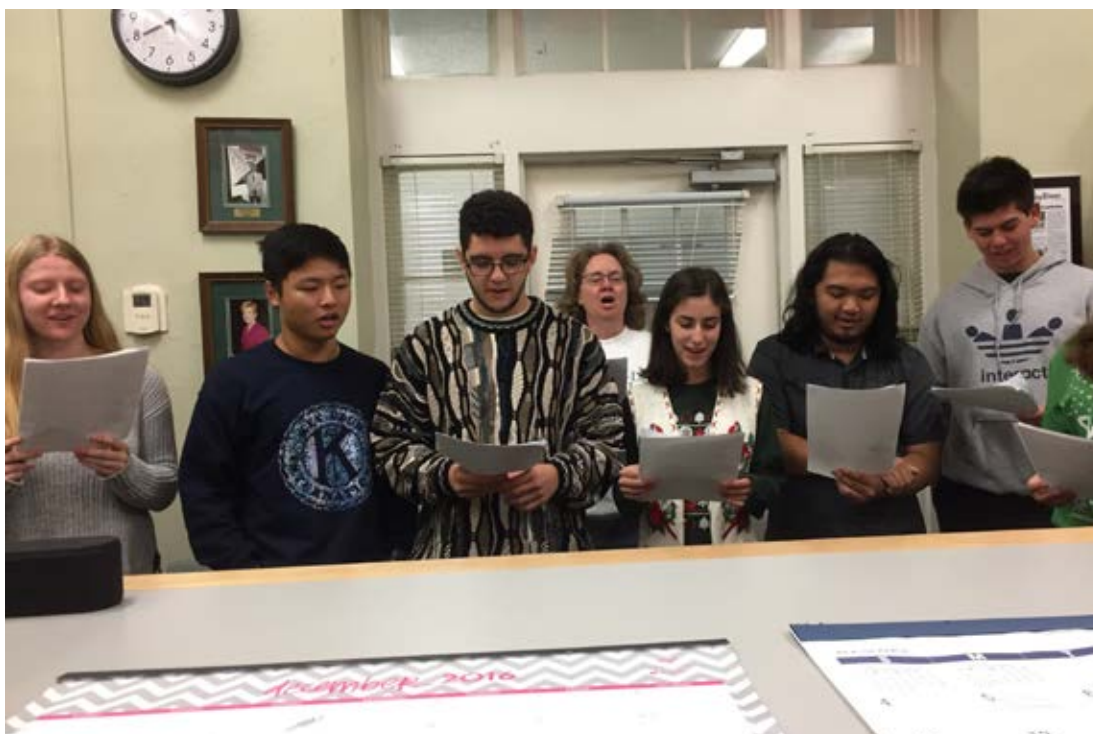
Thank you, Shadow Keepers

The 9th & 10th grade students in the accompanying photo served as Shadow Keepers this year. They did a great job and were rewarded with a Pizza Party funded by the IB Boosters. Their efforts resulted in 162 students accepting their invitation to IB, the class of 2021!!

Special thanks to IB parent Danielle Hagggar who organized the entire shadow/shadow keeper system, assisted by IB parent Jill Monforte. We really appreciate our IB Booster parent volunteers. These two women scheduled over 400 8th grade students and matched them up with over 60 shadow keepers!



Caroling with Ms. Ladd



Cross Country Season

By Coach Cuff

The 2016-2017 Cross Country season was one of the best seasons in years. The team enjoyed their end of the year banquet in December with eight total trophies on display from the season. The girls team won three meets throughout the year. They won the Pirate Invitational, JV City Championship, and the Varsity City Championship. The banquet concluded with IB students Senior Naomi Miller and Sophomore **Kara Robinson** taking home awards. **Naomi Miller** was given the leadership award. She was a captain on the girls team this past year and did a great job motivating the girls to a successful season. Kara Robinson received the Robb Townsend Award. This award is given to students who show great dedication to the team and the sport of cross country. Kara has been a varsity member the last two seasons. The boys won a total of five meets this year and won five trophies. The boys won the Green Devil Invitational, The Pirate Invitational, JV CCC Meet, JV City Championship, and the Varsity City Championship. They received runner up trophies in the Varsity PCAC Meet and the Varsity CCC Meet. The biggest prize of all was that the boys team qualified for the State meet! The team finished 20th overall in the state. The IB students who ran in the state meet were **Matthew Wohlwend**, **Dalton Nordquist**, **Weyman Cohen**, **Charles Sabodski**, **Diego Price**, and **Miles Green**. At the awards banquet IB Sophomore **Matthew Wohlwend**, Senior **Weyman Cohen**, and Senior **Dalton Nordquist** received awards. **Matthew Wohlwend** was named team MVP this year. Matthew had a great season and finished 30th overall in the state. Dalton and Weyman were both team captains of the boys team. They were both honored for their great leadership this season by leading their team to the state meet.



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